Dear Parents,

Commencing on Friday, 10/5/13, students from Years 3 to 6 will have the opportunity to participate in an 8 week program of athletics coaching with an emphasis on group participation, team morale and having fun.

Students will be coached by a qualified athletics instructor from the Little Athletics Association of NSW and will participate in activities designed to develop skills in sprints and starting, relay running, hurdles, shot put, discus, long jump and high jump. The sessions will be of approximately 40 minutes duration and will run over 8 consecutive Fridays (10/5/13 to 28/6/13).

It is hoped that the skills and techniques learned will be able to be put to good use by all students early in Term 3 at the school's annual Athletics Carnival.

These sessions have been conducted at LPS over the past few years and have been very successful in teaching students the skills of athletics and in encouraging participation in athletics events. It is hoped that you will allow your child/children to participate in this year's program.

The cost for the 8 week program is $12.00. Please complete the attached permission note and return it direct to the school office, together with the fee, by Friday, 3/5/13.

Thank you

Stuart White
Organiser

Deborah Getley
Principal

Little Athletics Program for Schools 2013

I give permission for my child .............................................................., of class ............., to participate in the 8 week athletics program being conducted at LPS commencing 10/5/13. I have included the fee of $12.00.

Signed: ..............................................................
Parent/Guardian